



## **RESOURCES-Episode 12**

Working from Home with Children

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Open Sky Community Services

<https://www.weareteachers.com/best-virtual-field-trips/>

<https://www.parents.com/parenting/work/life-balance/how-to-master-being-a-work-at-home-mom/>

<https://www.healthychildren.org/English/Pages/default.aspx>

<https://www.psychologytoday.com/us/blog/biofeedback-and-mindfulness-in-everyday-life/202003/77-strategies-working-home-during-covid-19>